



CITY OF ROCKY MOUNT PARKS & RECREATION
ADVANCING THE QUALITY OF LIFE BY PROVIDING POSITIVE, INCLUSIVE
EXPERIENCES THROUGH PEOPLE, PARKS AND PROGRAMS.



PARK PARTNERS

City of Rocky Mount Park Partners

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City of Rocky Mount Parks and Recreation

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(252) 972-1151
<http://www.rockymountnc.gov/parks/>
January 2012

City of Rocky Mount Park Partners

Introduction

The City of Rocky Mount park system is comprised of over 50 municipal parks, totaling more than 500 acres. For generations these green spaces have provided public recreation for the families of Rocky Mount, Edgecombe and Nash counties and beyond. Found within these parks are many landmarks and amenities that are synonymous with Rocky Mount: the fountain at City Lake, the Battle Park falls, the Sunset Park Train and Carousel. In order to provide citizens a way to help care for these places the Parks and Recreation Department has developed Park Partners, a multi-faceted approach to connecting citizens to the places they love. Park Partners is designed to be flexible, able to accommodate both individuals and groups of any size as well as a variety of opportunities to become involved in the betterment of the Parks.

Opportunities

A key component of Park Partners is the collaboration with existing City programs. By connecting citizens with the expertise of different City Departments, citizen's efforts are maximized. Over the next several pages you will learn more about the opportunities provided by Park Partners, including:

- Park Clean-up – Partnering with Keep America Beautiful, a variety of opportunities abound to help clean City parks. These opportunities range from dropping by to help for a couple hours to a multi-year commitment. Any and all help is greatly appreciated!
- Park Watch – Partnering with the Rocky Mount Police Department, Park Watch creates safe havens for our families and children within the parks.
- Park Projects – A chance to help with a variety of needed projects including simple activities such as spreading mulch as well as large scale park renovation and construction.

The key to Park Partners is its flexibility. If you wish to provide service that is not listed, the Parks and Recreation Department is happy to discuss projects that will better the parks system for all citizens.

Park Clean Up

In cooperation with the Nash and Edgecombe Keep America Beautiful office, Park Partners offers many opportunities to help keep our public recreation spaces clean. The following pages contain a listing of existing programs, parks that need additional care and sample registration documents. For more information, please contact the Parks and Recreation Department at (252) 972-1151.

Adopt-a-Spot

Adopt a Spot encourages groups to commit to the regular clean up of a local park. Keep America Beautiful provides trash grabbers, gloves, safety vests, trash bags and will collect the trash bags. Anyone from individuals to industries can adopt!

Great American Cleanup

Get together with friends, coworkers or be your own one member group! Volunteer from March through May to do your own litter-pickup or community beautification. The Great American Cleanup ([make link](#)) is the nation's largest community improvement program with over 2.5 million volunteers!

North Carolina Big Sweep

From the bank or a boat, we can help you coordinate your own waterway cleanup! The Tar and its many creeks are the focus of this fall statewide litter pickup program so get on board during September and October!

Arbor Day With Tree Power

Give a bird a home and plant free trees on Arbor Day! Be one of the thousands of people that receive a dogwood tree from Tree Power each year or volunteer to plant a tree!

Dr. Martin Luther King Jr. Day of Service

Honor the legacy of Dr. King as we come together to care for the spaces that unite our City.

9/11 Remembrance

In the days following 9/11, we came together for comfort and support. Each year volunteers from across Nash and Edgecombe counties come together to clean local parks and public spaces.

**Nash & Edgecombe Keep America Beautiful
Adopt-a-Spot Adoption Contract
Page 1 of 3**

**This form must be completed and accepted by the KAB Coordinator before
an Adoption becomes official and a Sign can be installed.**

Agreements Section
Each participant must read all 3 pages in this document then indicate they make the following agreements by signing on the Signatures Section on page 3.
<ul style="list-style-type: none">• I agree to clean my adoption site at least four times per year for two years.• I understand if I do not maintain my adopted site, my adoption will be discontinued and my adoption sign will be removed.• I agree to inform the KAB Coordinator and return all litter pickup materials if my site is no longer being maintained.• I agree that I and all of the volunteers that may assist me in cleaning up have read the <u>Volunteer Safety Rules and Guidelines</u> and will abide by them.• I agree to be respectful of the property of others during my cleanup.• I agree not to handle hazardous materials during any cleanup and notify Police and the KAB coordinator of any hazardous materials found during any cleanup.• I agree not to pickup or move any heavy or awkward items during any cleanup and to notify the KAB coordinator of the location of these items.• I agree to fill out and send the pre-cleanup form before any cleanup and to inform the KAB coordinator of any changes in our planned cleanup.• I agree to Notify the KAB Coordinator and fill out and send the Volunteer Event Report promptly after any cleanups to request pick-up of trash bags.• I agree to carry a Cell Phone and first aid kit during all cleanups.• I agree to CALL 911 if anyone is injured seriously during any cleanup.• I agree to return grabbers or other borrowed supplies after each cleanup event.• I agree to have fun and tell others how much fun a community cleanup can be!

Nash & Edgecombe Keep America Beautiful

Adopt-a-Spot Adoption Contract

Page 2 of 3

Volunteer Safety Rules And Guidelines	
Be prepared for Emergencies:	
•	Have a FIRST-AID KIT, CELL PHONE and TRANSPORTATION immediately available
•	Know the location and route to the nearest hospital emergency department (Nash Health CS)
All Volunteers Must:	
•	Wear an orange safety vest provided by your KAB Coordinator
•	Park all vehicles clear of the roadway and on the side of the road where volunteers are working
•	Be 12 yrs of age to participate in a roadway cleanup (exemptions may apply for non-roadway cleanups and must be discussed with the KAB Coordinator)
•	Provide adult supervision for participants 12-17 years of age
•	Pick up litter only during daylight hours
•	Not pick up trash on the road surface and stay off the road at least 5 feet from the pavement edge
•	Obey all safety rules and guidelines
For Your Safety Please:	
•	Wear light-colored clothing that covers arms and legs and will not impair vision or movement
•	Wear leather shoes or boots, gloves, a hat and safety glasses
•	Wear clothing that will not divert attention of motorists during cleanup activities
•	Work in small groups face oncoming traffic when working and watch out for oncoming vehicles
•	Stop work in inclement weather
•	During warm weather months drink plenty of fluids – take breaks – avoid overexertion
•	During cold weather months, dress warmly with layered clothing
•	Be alert for snakes, stinging insects and poisonous plants and leave them alone
•	Do not remove hazardous substances or dead animals (call 467-4960 and report information)
•	Carpool to the site to reduce the number of vehicles at the cleanup site
•	Use proper lifting and bending techniques
What NOT to do:	
•	Do not use or possess illegal drugs or alcohol during a cleanup
•	Do not pick up trash on bridges, on overpasses, in tunnels or on medians
•	Do not pick up what appears to be hazardous material (call 467-4960 and report information)
•	Do not squeeze bags to make room for more trash (injuries can result from jagged objects)
For the Safety of Street and DOT Crews:	
•	Place filled bags in groups at least 8 ft. from the roads edge to make collecting bags easier and safer

**Nash & Edgecombe Keep America Beautiful
Adopt-a-Spot Adoption Contract
Page 3 of 3**

Signatures Section of the Adoption Contract:	
Please sign below to indicate you will follow the agreements described in the Agreements Section (page 2) and the Safety Rules (page 3) of the Adoption Contract.	
Printed Name	Signature
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THANK YOU FOR BEING A KAB CLEANUP VOLUNTEER!

Please print additional copies of this page if needed.

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Parks to Consider

Every park in the City of Rocky Mount system is eligible to become an Adopt-a-Spot park or can be the location of a single day clean up. The following parks receive a high volume of use or are among the larger parks in their neighborhood:

Rocky Mount Sports Complex
Martin Luther King Jr. Park
Stith-Talbert Park
Battle Park
Sunset Park
City Lake
Three Sisters Park
Meadowbrook Park
Lancaster Park
Eastern Avenue Park
Cloverdale Park
Marigold Park
Sycamore Park
Bea Holman Park
Branch Park
Daughtridge Park
Thelonious Monk Park
Home Street Park
Southside Park
Buck Leonard Park
Aycock Park
Rocky Mount Tree Park
Wildwood Park
Englewood Park
Farmington Park
Grover Lucas Park
Hornbeam Park
Bunn Farm Park

Other Parks and Recreation facilities

City of Rocky Mount Trails
Tar River Paddle Trail
Rocky Mount Disc Golf Courses
Booker T. Community Center grounds
South Rocky Mount Community Center Park
Rocky Mount Senior Center grounds

Park Watch

City of Rocky Mount Parks are intended to be safe havens. To keep parks friendly places for children and families to play and enjoy the outdoors, neighbors can partner with the City to establish Park Watch, an extension of Rocky Mount's Neighborhood Watch Program.

What Is Park Watch?

Park Watch is a joint effort among citizens, the City of Rocky Mount Parks & Recreation Department and the Rocky Mount Police Department. It is designed to ensure the safety of neighborhood parks.

Which Parks are eligible for Park Watch?

Park Watch is an extension of the Neighborhood Watch Program, a highly successful neighborhood crime prevention program involving over 90 Rocky Mount neighborhood associations, community groups and home owner associations. Active Neighborhood Watch Programs are eligible and encouraged to participate in Park Watch.

Why is Neighborhood Watch required?

Neighborhood Watch organizes neighbors to identify problems, establish objectives, and work closely with law enforcement representatives. It is within this framework Park Watch must operate.

How does Park Watch work?

City of Rocky Mount Police Department and Parks and Recreation Department representatives meet with neighborhood associations, community groups or home owner associations to provide contact information, explain the role of each Department and teach citizens simple techniques to report and deter crime in a neighborhood park.

How does a neighborhood develop Park Watch?

For more information, please contact the Parks and Recreation Department at (252) 972-1151.

Park Projects

Park Projects can vary from spreading mulch, to trail work, to park renovation or construction. Work groups may include corporate groups, local service clubs, Eagle Scouts, etc. All projects will be completed under the general supervision of the Parks Maintenance division and should be listed or in keeping with the current City of Rocky Mount Recreation Master Plan. A list of pre-approved projects is found below. Volunteers are welcome to discuss new projects they desire to complete. Fund raising may be required for the purchase of construction materials.

Preapproved projects:

- General flower bed planting, weeding and mulching in most parks
- Tree plantings in various locations
- Three Sisters Park - plant bed renovation and nature trail construction
- Martin Luther King Jr. Park - plant bed renovation
- Disc golf courses – foot bridge construction
- Rocky Mount Tree Park – plant bed renovation
- BBQ Park - amenity construction
- Nashville Road - mountain bike trail bridge and water bar construction
- Battle Park – general cleaning and thinning

Park Partners Registration

Individual or group contact name: _____

Address (Street / City / Zip): _____

Day phone: _____ Cell phone: _____

Email: _____

Organization Name (if applicable): _____

Number of participants expected/size of group:

Special Group Info:

Park Partners opportunity desired (check all that apply):

Park Clean Up

☐ Adopt-a-Spot ☐ Great American Cleanup ☐ NC Big Sweep
☐ Arbor Day ☐ MLK Day of Service ☐ 9/11 Remembrance
☐ One Time Cleanup

Park Watch

☐ Park Watch (list neighborhood and park): _____

Park Projects

☐ Existing project (list): _____

☐ Proposed project (describe briefly):

Other ideas (describe briefly):

**CITY OF ROCKY MOUNT RELEASE INDEMNITY, ACKNOWLEDGEMENT AND
ASSUMPTION OF RISK**

IN CONSIDERATION of my participation in **Park Partners** sponsored by the City of Rocky Mount, I, for myself, my heirs, executors, administrators, personal or legal representatives, successors and assigns, hereby agree to:

(i) RELEASE, WAIVE, FOREVER DISCHARGE and COVENANT NOT TO SUE the City of Rocky Mount, its elected officials, officers, employees, and agents (collectively the "City") from any and all claims, losses, damages, or liability (present and future), on account of injury to my person or property, including injury resulting in my death, arising out of, or in any way connected with, my participation in the Activity, including, without limitation, to the extent permitted by law, any claim, loss, liability, or damage related (directly or indirectly) to acts or omissions (negligent or otherwise) of the City; and

(ii) INDEMNIFY, DEFEND and HOLD HARMLESS the City from and against any and all claims, losses, liability, and damages (present and future) and all costs, charges, and fees (including reasonable attorneys fees) related thereto, arising out of, or in any way connected with my participation (or the participation of the minor identified below) in the Activity or connected with the participation of anyone participating in the Activity under my auspices or with my implied or express consent, including, without limitation, to the extent permitted by law, any claim, loss, liability, or damage related (directly or indirectly) to acts or omissions (negligent or otherwise) of the City.

I understand that participation in the Activity involves the risk of injury or death, and by executing this Release, Indemnity, Acknowledgement and Assumption of Risk (this "Release"), I acknowledge and assume all risk of injury or death resulting from participation in the Activity.

I further agree that if any term or provision of this Release, or the application thereof, to any person or circumstance shall, to any extent, be deemed invalid or unenforceable, the remainder of this Release, or the application of such term or provision, to person or circumstances other than those to which it is held invalid or unenforceable, shall not be affected thereby, and each term and provision of this Release shall be valid and enforceable to the fullest extent permitted by law.

I have carefully read this Release and have executed the same voluntarily adopting the word "SEAL" after my name as my seal.

THIS DOCUMENT RELEASES YOUR RIGHT TO MAKE A CLAIM IF YOU HAVE AN ACCIDENT OR ARE INJURED. DO NOT SIGN IT UNLESS YOU HAVE READ IT AND UNDERSTAND IT FULLY.

Stop! You must read the City of Rocky Mount Release Indemnity, Acknowledgement and Assumption of Risk before signing below.

Signatures as well as other pertinent information must appear on this roster before an individual is considered an eligible volunteer.

A parent or guardian must sign for visitors under the age of 18.

	Date Signed	Name (Please Print)	Address (Address, City, Zip Code)	Visitor or parent / guardian signature	Email Address
1				(seal)	
2				(seal)	
3				(seal)	
4				(seal)	
5				(seal)	
6				(seal)	
7				(seal)	
8				(seal)	
9				(seal)	
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11				(seal)	
12				(seal)	
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19				(seal)	
20				(seal)	